

YOUNG OSTOMATES SUPPORT & FRIENDSHIP GROUP

Online and Community Group for Young Ostomates!

Contact Veronica: jay-lynn13@hotmail.com for more info

or check out our facebook group: YOS+FG

***In light of the pandemic, our earlier get togethers were moved online



***We will be voting for remaining 2020 get togethers, whether to proceed with socially distant get togethers, or continue by video. Vote on our FB page!

- ▶ Bi-monthly group get togethers in Saskatoon
- ▶ Skype meets offered for those outside of Saskatoon
- ▶ Sponsorship for all of our activities
- ▶ 20-40 branch of the Saskatoon Ostomy Association

Come meet others living well with an ostomy in a relaxed setting! We do various activities that are typically followed by coffee.

2020 meetings:

January: Glass Fusing @ Wet Paint Pottery

March: Pokey's Pinball Cafe

May: Family BBQ at the Forestry Farm

September: Family Swim
Family BBQ
Outside

November: Group Supper